

# ARC OF CHANGE

## Empowering Students and Supporting Schools Through Puberty Education

Friday, October 18th, 2024 | 11:00am to 1:00pm

Children & Families First, 555 Justison St, Wilmington, DE 19801

### Why You Should Attend

All kids go through puberty, and empowering them with knowledge is the key to confidence and readiness. When kids understand their development, they can comfortably discuss puberty with caregivers.

ARC provides the essential vocabulary and insights for these important conversations. Schools want students fully equipped for their middle school journey, and ARC lays the groundwork, supporting the transition into health classes throughout their education.

Our evidence-informed puberty education program equips students with crucial knowledge about their bodies, emotional well-being, and healthy choices. Don't miss this opportunity to **enhance your school's approach to puberty education and support student success.**

- ✓ **FREE to attend!**
- ✓ Gain insights from a leading expert in the field.
- ✓ Hear firsthand from educators who have successfully implemented our program.
- ✓ Learn how this curriculum boosts student confidence and supports their growth, making a profound impact on their journey.

#### For Student Service Decision Makers & Influencers

Including but not limited to, School and District Administrators, Board of Education, and School Counselors

#### In-Person & Virtual Options

In-person attendance is encouraged to maximize knowledge gain and receive personalized support

#### Lunch & Giveaway Included

Guests who attend in-person will be served a light lunch and receive a special giveaway

## REGISTER NOW

Please register by Friday, October 11th

online: [www.cffde.org/arcofchange](http://www.cffde.org/arcofchange)

email: [philinda.mindler@cffde.org](mailto:philinda.mindler@cffde.org)



The Laffey-McHugh Foundation