



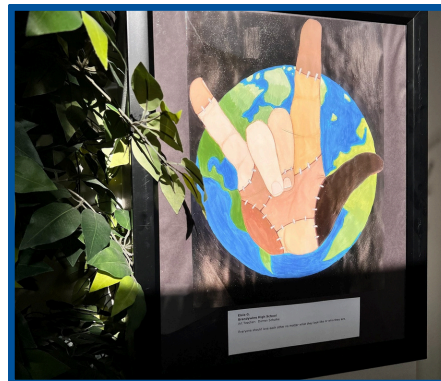
CFF Hosts Youth Peace Art Exhibit

CFF is excited to announce that we have become a host for the [Traveling Youth Peace Art Exhibit!](#)

Over 650 students from more than 30 Delaware schools and community organizations were asked, ***“What is your vision of a peaceful world? What does peace mean to you?”***; they answered these questions by submitting inspiring artwork and descriptions for the ***Pacem in Terris Annual Visionary Peace Youth Art Exhibition***. Local leaders selected the strongest messages of peace to travel throughout Delaware as part of the Traveling Youth Peace Art Exhibition.

On Monday, July 8th, art was installed at CFF’s Wilmington Office. Visitors to our Wilmington Office will enjoy a diverse collection of beautiful, inspiring visions and messages of peace created by young artists between 5-18 years old from public, private, and charter schools or community organizations throughout Delaware.

You can find different installations of the Traveling Youth Peace Art Exhibit in social service centers and family court in all three DE counties, Legislative Hall, Nemours Children's Hospital, and many more!



Important Dates

August 8th:

Best of Delaware

September 2nd:

Labor Day Holiday

September 26:

All Staff Meeting
Delaware State University

November 28/29th:

Thanksgiving Holiday

December 12:

All Staff Meeting
Delaware State University

December 23-25th:

Winter Holiday

New Reservation Process

By this time, those of you that use the calendar reservation system should have either read the document sent in Rhonda Adcox's previous emails, viewed the tutorial, or participated in one of the training sessions to acquaint yourselves with the procedure. However, if you have not yet had the chance to do so, below is attached the document and included a link to the tutorial for your convenience.



Missed it?
Watch the video!

THIS IS A REALLY BIG DEAL!!

Wellness Supports For You & Your Family Just Got Even Better!!

I think my teen has a drinking problem.

I'm really stressed out about money.

Why do I feel so angry and tired all the time?

I want to quit smoking but I need help.

My partner and I keep fighting more and more.

I need legal advice about custody of my kids.

Taking care of my elderly mom is draining me.

Life is full of ups and downs. Getting the answers, support, and peace of mind to successfully navigate the hard times and the expert guidance to achieve personal and professional goals just got a whole lot easier!!



WHO IS IT FOR? You and Your Family

The Perks Plus+ program is a special benefit for every CFF employee - whether your FT, PT, hourly or otherwise. Plus, your partner and/or spouse, and all your dependents.

- You do not need to carry CFF health insurance to use the program
- It's **FREE** and all services are **100% confidential**

WHAT IS PERKS PLUS+? Solutions Personalized to Your Exact Needs

The program offers a wide variety of supports to help you with things like

- Workplace concerns
- Legal or financial issues
- Healthy habit building
- Grief and loss
- Stress management
- Parenting all ages
- Addiction and recovery
- Anxiety or depression
- Caregiver burnout

Here's a few great examples of available services:

- **Confidential counseling** with a licensed clinician, to help avert a crisis, learn coping skills and improve mental health
- **Self-care mobile apps** to help with things like insomnia, anxiety and depression, substance use, and chronic pain management
- **Certified well-being coaches** to help set personal and professional goals, identify obstacles and develop action-based solutions
- **1 hour attorney consultation per issue** to help with legal issues plus online resources to instantly create state-specific forms
- **Exclusive retail discounts** to help make major purchases like a car or every-day essentials like clothes and shoes more affordable
- **Work-life balance services** to help with things like parenting, elder care, home improvement, college planning, and everything in between

HOW DOES IT WORK? 24 Hours a Day, 7 days a week

Explore all the benefits and perks to help make your life a little easier and get started on your journey to wellness today!

- **By phone:** call **1-800-356-7089** to be immediately connected with the right resource or professional
- **Online:** visit **Member.MagellanHealthcare.com** and create your account as an employee of Children & Families First DE Inc, PRLZ.



For help with Perks Plus+ or any CFF benefit program, contact HR Manager, Michelle Hambleton and get the fastest response by emailing both.Michelle.Hambleton@cffde.org and HR@cffde.org



Changes and Reminders at the 555 Office

For any early risers, please note that Ray is changing his schedule and will no longer be coming to the Justison office early, so the **building alarm will be set until 7:00am, and the door will be locked until 8:30am... starting Monday, July 15th!**

See below for some general information about the 555 Justison Street office to keep operations running smoothly:

Building Hours Mon-Fri from 8:30am – 4:30pm, except on holidays or early dismissal days.

The exterior door will be locked outside of those hours. If you ever need access to the building outside those hours, you must have a key, fob, and an alarm code. The alarm automatically sets at 10:00pm and automatically disarms at 7:00am; anyone with a 555 fob will be sent an alarm code.

Front Desk is staffed Mon-Fri from 8:30am – 4:30pm, except on holidays or early dismissal days.

This is very important to keep in mind because (for example) you won't want to leave something at the front desk on the day before a holiday and tell someone they can pick it up by 4:30pm, unless you plan to be there... (*Front Desk staff are dismissed early too...*).

Use the entrance of the building that faces South Madison Street (*movie theater side*).

Please share this information with any visitors/vendors you have coming to the 555 Justison office.

EVERYONE must sign IN AND OUT at the Front Desk (of any CFF administrative office)

At Justison, sign in with blue/black ink and sign out in red ink. Please do not include multiple times you are in and out on one line – sign in, sign out, and if you come back- sign in and out again on a new line.

If you are expecting visitors, let Front Desk staff know and provide instruction so they are able to appropriately direct the visitor(s) when they arrive.

Confirm with your Supervisor that you are cleared to drive an **agency vehicle**, know your WEX PIN# and the agency vehicle driving expectations before driving any agency vehicle statewide.

First Aid Kit, Spill Kit, AED, Agency Vehicle Keys, Agency Vehicle Key Sign-In/Out, spare snow/ice scraper, hand-held cordless vacuum are **available for office/vehicle use** in the 2-drawer black lateral file cabinet that is under the **“hanging wall box”** to the left of the Front Desk. *Return all items to the drawer; be sure to empty the vacuum before returning to drawer.*

All drop-in spaces at the Justison office have been equipped with very basic office supplies as well as hand sanitizer/Lysol wipes. Please wipe down the space before you exit and leave the office supplies behind for the next person. If you need office supplies, we are happy to get you whatever you need – *please do not take supplies from drop-in spaces.*

If you see something amiss around the office (light burned out, broken anything, running toilet, weird sound, smell, HVAC not working, agency vehicle needs service, etc.) submit a web help desk ticket to facilities with the details so the necessary work can be arranged; follow-up with an e-mail to Facilities. Please do not ask Front Desk staff/other staff to submit tickets on your behalf; contact MIS/IT if you need training.

Deliveries at 555 Justison - *make sure it is addressed to your program/staff*, and be sure to make arrangements to get it to where it needs to go once it has been delivered; deliveries cannot be left in the front desk area for extended periods of time. Deliveries left at the front desk for 5 days without direction from the program/staff will be sent directly to the appropriate program manager via courier.

Quality Excellence Starts with YOU!

Reminder of Important Record Review Q2 Dates

Q2 Record Review and Outcomes Timeline:

- **July 29th - August 9th:** QE Aggregation/Review.
- **Week of August 2nd:** Program Managers, don't forget to send your non-Apricot reports for Outcomes reporting!
- **August 21st - 28th:** Program Manager to complete their assessments of PQI.
- **Week of September 1st:** Outcomes reports sent to program managers.



Attention ALL Supervisors!

A message from the LeadU Committee

- Please **save the date** for the **LeadU Supervisor Training** on **September 12th** from **12 to 4 PM**.
- This **virtual session** is designed to empower and equip you with the skills needed to lead effectively.
- **Mark your calendars** and get ready for an engaging and insightful training.

July is National Make a Difference to a Child Month

A Message to our Staff

July is **National Make a Difference to a Child Month**, an exciting time to celebrate the profound impact we can have on children's lives—**something CFF accomplishes every single day**.

We extend our heartfelt thanks to our dedicated employees for your unwavering commitment and passion. It is your hard work and compassion that enable us to positively transform the lives of countless children and their families. Thank you for ALL that you do. Together, we are creating a brighter future for every child.



We Found the Jade Skull

The EC-Behavioral Health Consultants and the Inclusion Specialists are two specialties that provide services to our youngest children and families in our Head Start Program. Social emotional development, early intervention, school district partnerships, and therapeutic support are just some of what these team members provide. This school year, the two are joining together as the Mental Health and Inclusion team, allowing for continued collaboration, cohesive support, and a partnership to provide continuity of care to our children, families, and staff.

This week, we kicked off our joint team with a 2-day retreat. The first day, we spent the day in the office engaging in collaborative activities and discussing our shared goals. The second day, we had the ultimate team building experience: an escape room! We worked together to solve the puzzles and persevered in finding the Jade Skull just before the volcano erupted. Great work, team!!

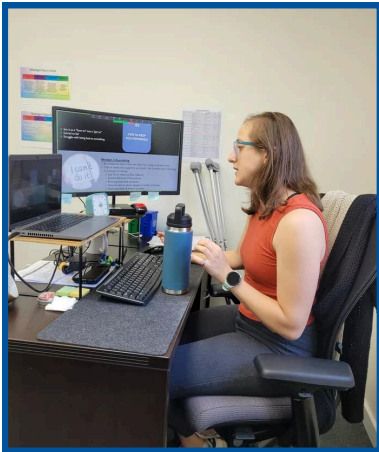
Any questions about our Mental Health and Inclusion services for the Head Start Program can be directed to Theresa.Vial@cffde.org



In Case You Missed It...Happenings Around CFF

Below are a few photos of events you may have missed:

- 1) Seaford House staff tried vibrational sound therapy. It was a first-time experience for all participants.
- 2) Naomi from the QE Team hosted an info session on *Exercise and Motivation*
- 3) Board Game Day at Seaford House.
- 4) SCOH program and Food Bank of DE offers two pantries each month, providing food for an average of 100 families. Special thanks to the Seaford Police Department, Stand By Me: Delaware Financial Empowerment Partnership, Delaware First Health, and our friends from Fairville Management Company.



Get Help When You Need It

CFF's Trauma Response Team (TRT) is available to help. TRT provides various responses to potentially traumatic work-related events, impacting our staff, interns, and/or volunteers.

Anyone can request a response: individual response (one-on-one), group response (team or program-wide), or comfort response (in-person, mobile, resource area). To request a response, please email **Theresa Vial - theresa.vial@cffde.org**

Reminders

MIS to the Rescue!!

Having trouble with your laptop, accessing something in your files, hopefully you don't have the blue screen of death... but for these and any other IT/MIS related struggle? Have no fear! The MIS Team is here!

Monday through Thursday, our MIS Team is on-call to help you after hours from 5 to 7pm.



Submit content for next month!



Quick! Take a Pic!



When you engage in a wellness activity at your office, in one of our oasis spaces, or anywhere really, please snap a pic! Then share it to our CFF Wellness Padlet*

Everybody loves a good selfie! So here's your chance to put your picture snapping prowess to good use - because you just never know when what you think is something simple, becomes a powerful source of inspiration for someone else!

*FYI no pictures will ever be shared outside of CFF without your permission.

View the padlet and upload your pics here

